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della Svizzera italiana

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**"Performative art
with and without disability"
An education with a degree**



**CERTIFICATE OF ADVANCED STUDIES (CAS)
IN PERFORMING ARTS AND INCLUSION**

INTRODUCTION

The **CAS Performing Arts and Inclusion**
is an artistic education.

Why is the name of the training in English?

Because the education is for people from all over the world.

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Simplified language Translation



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What does CAS mean?

CAS stands for Certificate of Advanced Studies.

You get a diploma,
when you have completed an education at an university.

What does Performing Arts and Inclusion mean?

Commentato [1]: è sufficiente cambiare solo il titolo qui?

The Performing Art or performance is an artistic representation.

The artistic representation is done in front of an audience.

In this kind of performance, the body plays a very important role.

The body is used to communicate with the audience.

Dance and physical theatre are examples of performative art.

In physical theatre, the language of the body is more important than words.

The basic idea of this training is :

diversity is an enrichment.

Every person is different and unique.

Everyone gives something to others that they do not have or do not know.

These different ways of expressing oneself and one's creativity
form a great enrichment.

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This training makes it possible to discover
new forms of artistic creation,
both alone and in groups.

AIM

What do you learn in this training?

1. You learn **to be part of an artistic project**

from the beginning to the end:

- to design a project
- to carry out a project
- to perform in front of an audience
- to organise performances in different places.

2. You learn to **think about your role as an artist.**

3. You learn to find **new forms and styles of artistic expression**, by leaving behind what you know and understand.

4. You learn to find **your own style and creativity** in a constant exchange with the other participants in the education.

Creativity emerges from the diversity of everyone.

Every person carries fragility and strength within themselves.

These different sides make each person unique and different.

Central to the education is **artistic representation**.

Artistic representation includes:

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- the intuitions and sensations that everyone feels within themselves
- what one learns by attentively observing one's surroundings
- what one learns by caring for the people one works with.

The education consists of a **theoretical** and a **practical** part.

The education focuses on the creative process
and the will to break one's own habits.

The education provides the tools
to organize the creative process in all its aspects.

The creative process arises above all
in the encounter with others:

- in the diversity of bodies,
- in the diversity of ideas,
- in the confrontation with one's own opinions,
about what is right and what is wrong,
what is normal or not normal.

The practical part of the training is very important,
because the creative exchange between the participants
has to take place in practice.

Only through the practical experience of what is learned
new ways of expressing one's own creativity can emerge.

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WHO IS THE CAS AIMED AT?

The CAS Performing Arts and Inclusion
is aimed at professional artists:

- from all over the world
- who work in the field of performing arts such as theatre and dance,
- with or without disabilities
- who want to deepen and improve their artistic skills
- and who want to work in a group.

WHAT IS THE METHOD OF THIS EDUCATION?

The participants will learn methods
to create performances and artistic presentations
involving artists with and without disabilities.

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Participants explore and present
different ways of creating a performance or a scene.
Participants can work alone or in groups.

Participants learn to plan and organise their projects
and to realise and present them to the public.

DURATION

The training lasts a total of 1 year,
from January 2026 to November 2026.

The classes consist of 5 blocks of 6 days each.
The CAS plans days of class with flexible timetables.
A day of class can last between 5 and 7 hours.

Working people can also attend the classes.

The total number of lessons includes:

- the practical part
- the theoretical part and
- the preparation of the projects.

The duration of each day is determined taking into account the possibilities
and needs of the teachers and the participants.

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The CAS includes 5 teaching sessions with different teachers.

The dates of the blocks are:

- Session 1 from 12.- 17. January 2026, Biel, BE
- Session 2 from 16.- 21. April 2026, Losone, BE
- Session 3 from 8.- 13. June 2026, Wabern, BE
- Session 4 from 21.- 26. September 2026, Verscio, TI
- Session 5 from 23.- 28. November 2026, Avegno, TI
- Final presentation: 28. November, Avegno, TI and
29. November, Wabern, BE

The CAS program is coordinated and organised
by Accademia Dimitri (SUPSI) and Hochschule der Künste Bern (HKB)
in collaboration with Teatro Danzabile.

SUPSI is the University of Applied Sciences
of the Italian-speaking part of Switzerland.

HKB is the Art school of Bern, German speaking part of Switzerland
and Teatro Danzabile is an inclusive Dance company in the Italian-
speaking part of Switzerland.

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TEACHERS

The teaching staff of the CAS is:

- **Claire Cunningham**, performer and choreographer from Scotland
- **Nadja Dias**, independent producer & consultant from Germany
- **Emanuel Rosenberg**, coordinator of the CAS from Switzerland
- **Giuseppe Comuniello** and **Camilla Guarino** dancer from Italy
- **Michael Turinsky**, theorist, choreographer and performer from Austria.
- **Christoph Brunner**, music
- **Carolyn Itting**, soundpainting

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