

Title: Module 1

Teacher: Anina Jendreyko

Lecturer: Claudia Berger

Location: Verscio

Date from / to: December 12- 17, 2020

Space: Accademia Dimitri, Verscio

Responsible for the course: Daniel Bausch

ECTS: 2

Learning Objectives:

The critical questioning of power and gender relationships. Basic knowledge of trauma-sensitive work. A practical approach to dealing with the consequences of violence and war. Insight into the concrete work of and with refugees. Preparation of the journey.

Content of the course:

Culture is not a static state, but a process that is closely linked to power relations, their changes, and various social influences. A collective creative and artistic theater work in local and international conflict and crisis areas requires the awareness of one's own objectives, motivations, and positions.

A power-critical attitude is crucial to recognizing inequality and discrimination. We deal with the historical and political frameworks that have created and still maintain the imbalance of power, and critically examine colonialism and today's concepts of "development", "development policy", "development aid", and volunteer engagements. This also includes the question of how to deal with gender inequality. How does this shape relationships in the ensemble, in the group, in the private sphere, and in a foreign context?

For two days we will examine the consequences of violence and trauma. The aim will be a critical reflection of the causes of trauma and their consequences in a socio-political context and transferring the basic principles of a stress- and trauma-sensitive attitude into a work- and life-context.

One full day will be dedicated to the asylum system. Between admission, lack of perspective, and deportation, people live in camps, in emergency structures, and as "undocumented".

An overview of the asylum-law conditions and their practical implementation together with experiences of persons seeking asylum will critically introduce us to the current developments. We want to unravel the complexity of the asylum topic and reflect on our own positions and options for action.

Another point is the handling of body and voice exercises in other cultures:

How can the body encounter stress and trauma?

What can be recognized and expressed through the body? How can this be translated artistically? We will work out context-related physical exercises and an individual “emergency kit” with different exercises that can be used depending on the situation, both at the level of theater work and at the level of trauma-sensitive work.

This module is also preparation for the trip to the region in which will happen the 2° module.

Participants must ask themselves: “With what attitude do I go into local and international conflict and crisis areas and how can I develop an awareness of the environment and the consequent conditions?” The forthcoming on-site work that we present will be informed by the history of the people living in the refugee camp and their current living conditions.